

## **CODES OF CONDUCT**

## **CLUB CONDUCT - ATHLETES**

For the safety and enjoyment of all our athletes and other members of Lords the following rules for gymnasts apply:

- Respect the rights, dignity and worth of all participants, coaches and parents.
- Treat the equipment with respect.
- Sign in on arrival at the PEAK reception desk.
- Only enter the designated area when instructed by your coach.
- While waiting for your session wait quietly in the PEAK reception area, not at the desk.
- Listen to your coaches at all times.
- Do not go onto the trampolines unless instructed to do so.
- Do not run around or under the trampolines at any time.
- Cooperate with your coach and other gymnasts.
- Poor behaviour will result in placement away from the trampoline until a time when the gymnast is settled and able to participate in a safe manner.

## **CLUB CONDUCT - GENERAL**

For the safety of our athletes and the other members of Lords the PEAK rules are:

- The Trampoline area is a designated area for gymnasts and coaching staff only.
- Gymnasts waiting for their session must wait outside the designated area by the PEAK reception desk until the trampoline area is clear.
- Parents/guardian must inform the coaches of any injuries or medical conditions at the PEAK reception desk on arrival.
- Parents/guardian must fill in and return all appropriate registration forms to the coach at the PEAK reception desk.
- Any questions from Parents/guardian will be dealt with at the PEAK reception desk at the beginning or end of the session.
- Parents/guardian must not enter the designated area unless invited by one of the coaches on duty.
- Siblings or other children not participating in the session must remain outside the designated area and remain the responsibility of the parent/guardian at all times.
- No food or fizzy drink is allowed in the designated area.
- All participants must bring WATER BOTTLES.
- Hair must be tied back, this is a SAFETY issue.
- Jewellery must not be worn. If the gymnast is unable to remove any jewellery it must be covered by tape. This is for the protection of gymnasts.
- Gymnasts must follow the participants Code of Conduct. Disruptive behaviour can cause a SAFETY issue for the gymnast and other participants.

## **IMPORTANT**

- Gymnasts MUST be collected from the PEAK reception desk at all times.
- The PEAK Club Conduct Rules apply to volunteers, coaches, non-participating children, guardians, parents AND gymnast

By becoming a member of Peak Trampoline you agree to be bound by the Constitution, Rules, Regulations and Policies of Peak Trampoline Inc.